CareicaHealth

Referral Form

CALGARY FAX: 403-250-3055

Date (DD/MM/YYYY) / /

PATIENT INFORMATION

Patient Name		Email
Address		DOB (DD/MM/YYYY) / /
City/Town	Province	☐ Male ☐ Female Identifies as _____
Postal Code	Phone	PHN

SLEEP APNEA SERVICES

- ☐ **Sleep Apnea Diagnostics & Treatment (18yrs +)**
  Level 3 home sleep apnea test (HSAT). May include sleep medicine consultation, PAP treatment, OAT – as recommended.
- ☐ **Level 3 Sleep Study Only**
- ☐ **PAP Trial, Treatment or Reassessment**
  Prior diagnosis required. May include HSAT.
- ☐ **Oral Appliance Therapy (OAT)**
  (Provided by professional partners.)
  Prior diagnosis required. May include HSAT and sleep medicine consultation – as recommended.

OTHER SERVICES

Provided by professional partners.

- ☐ **Insomnia Cognitive Behaviour Therapy (CBT-I)**
  If probable OSA, HSAT required.
- ☐ **Registered Dietitian Counselling**

PATIENT MEDICAL INFORMATION

- ☐ Significant cardiopulmonary disease (e.g. heart failure, severe COPD)
- ☐ Respiratory muscle weakness due to neuromuscular conditions
- ☐ History of stroke
- ☐ Chronic opioid medication use

Reason for referral or previous sleep disorder diagnosis

Other (e.g. medication and conditions)

PULMONARY FUNCTION

- ☐ **Complete Pulmonary Function Test (PFT)**
- ☐ **Spirometry**
- ☐ **Arterial Blood Gas (ABG)**
  - ☐ *PaO_2 < 60 mmHg start O_2 therapy*
- ☐ **Methacholine testing***
- ☐ **Respiratory consult***

Reason for Testing:

- ☐ Cough
- ☐ Query/evaluate Asthma
- ☐ Query/evaluate COPD
- ☐ Other: _____

*A recent PFT is required by the respirologist. If no recent PFT (within 6 months) then complete test will be performed

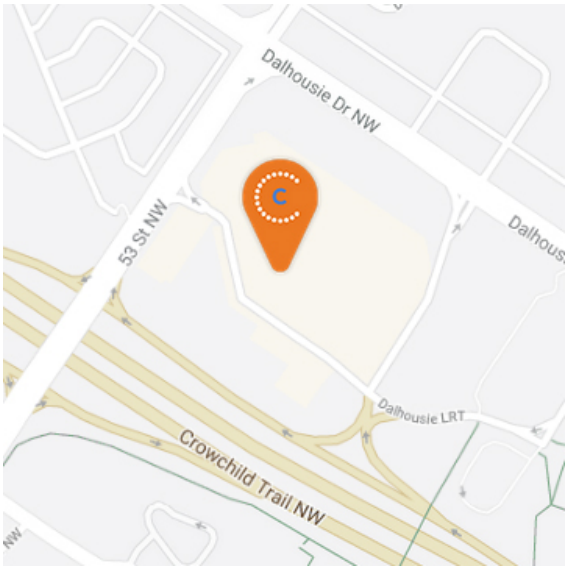
OXYGEN

- ☐ **Home oxygen assessment & treatment as required**
  ABG and/or PFT will be completed per provincial guidelines. If oxygen therapy indicated, oxygen will be initiated to maintain SpO_2 > 89%.

PHYSICIAN INFORMATION

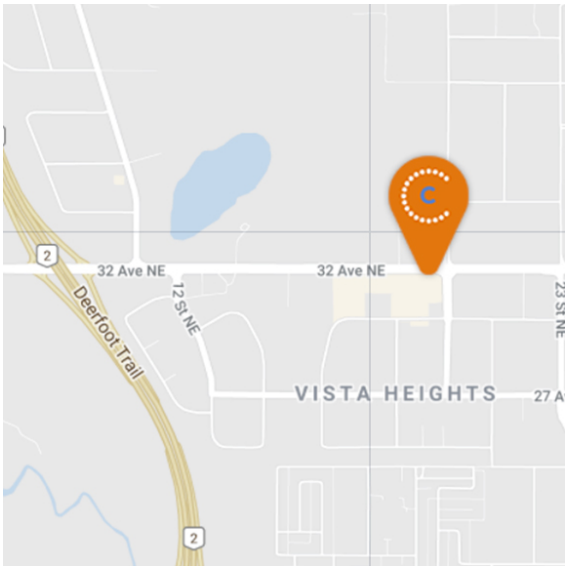
Physician Name		Clinic Name	
Address		Practice ID#	
City/Town		Phone	Fax
Province	Postal Code	Physician Signature	

Calgary sleep clinics



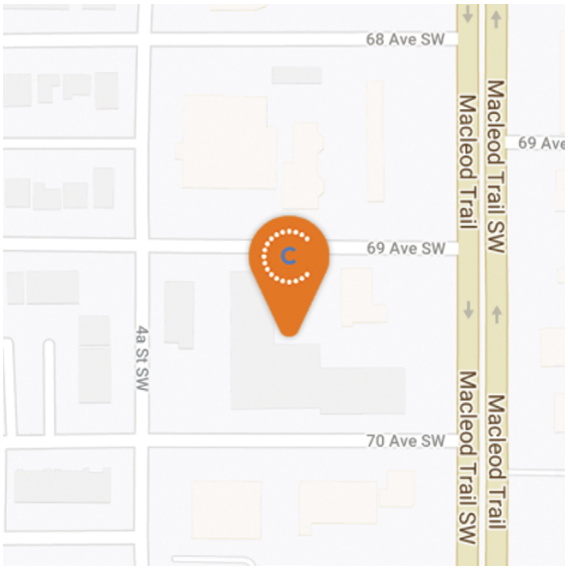
DALHOUSIE STATION

5005 Dalhousie Drive NW, Unit 161
Calgary, AB T3A 5R8



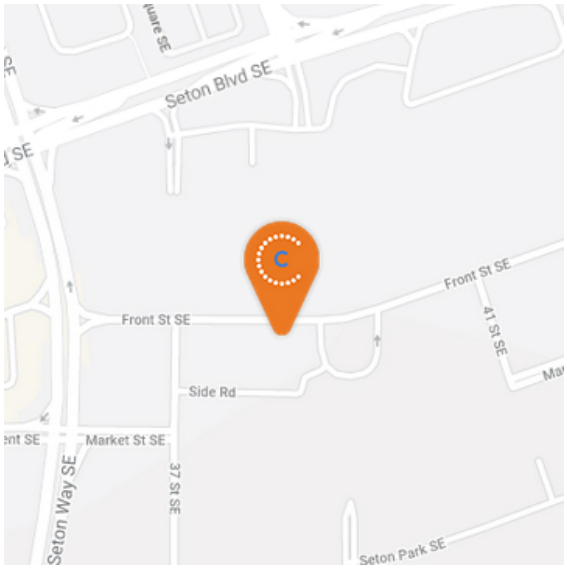
AIRWAYS BUSINESS PLAZA

1935 32nd Ave NE, Unit 130
Calgary, AB T2E 7C8



CENTRE 70 BUILDING

7015 Macleod Trail SW, Suite 115
Calgary, AB T2H 2K6



SETON PROFESSIONAL CENTRE

3883 Front Street SE, Suite 104
Calgary, AB T3M 2J6