

START here

After reading this Page, turn over for Page 2

Get ready for sleep

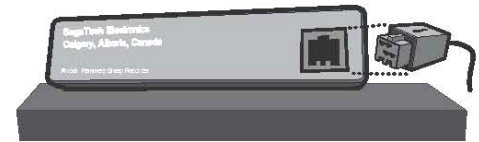
Prepare for sleeping as you normally would. (brush teeth, pajamas, etc.)

Set up Remmers Sleep Recorder

Place on a bedside table so sensor cables have room to reach.

Do not attach or fix the recorder to the table or a fixed platform.

Connect power cable to back of recorder. The front screen and control button will light up in green.



Sensors and Signals

A good study depends on good signals. Carefully follow the sensor set-up instructions.

You may have been directed to use only SOME and NOT ALL sensors displayed on back of this card.


Do not use any sensor that appears visibly damaged.

Handle with care: sensors, cables, and plugs are delicate.

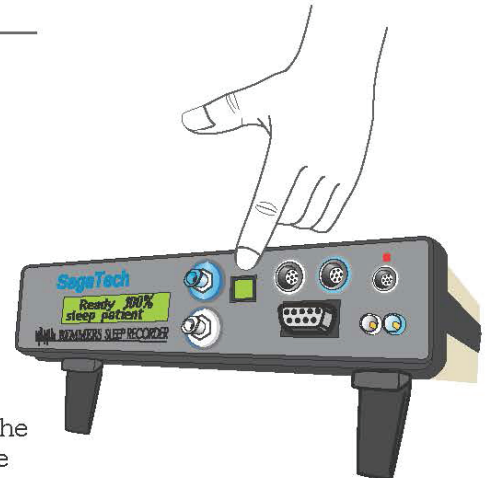
Nasal Canula is for single patient use only, and will be in sealed packaging.

Each sensor will follow 3 steps:

- **Attach** Sensor to Body
- **Connect** the Plug
- **Test** the Signal

When testing sensor signals, use the Control Button  to scroll through the screens.

Keep all cables free and loose to the recorder. Do not wrap or entangle the cables.



Start Recording

Start recording **ONLY** after all sensors are Attached, Connected, Tested.

Press and hold  until it beeps to start recording.

You're set. Relax and go to sleep.

During the Night

If Getting Up In The Night

- Remove AC power from back of recorder.
- Carry the unit, complete with sensors still attached.
- When back, plug it back in.
- Test ALL sensors again to see signals.

If something comes off, re-attach and test the signal.

Press and hold  until it beeps to restart recording.

If Alarm Sounds

If there is a problem with oximeter finger sensor, the recorder will sound an alarm and display a message:

finger sensor unplugged!

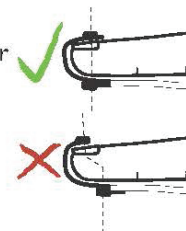
Check and secure the plug




check finger sensor!

Adjust the fingertip sensor

Check for proper reading after 4-5 seconds. Alarm will turn off automatically. Go back to sleep.



If alarm persists, press  to silence the alarm.

Ending the Study

Unplug the recorder. Carefully remove and unplug all sensors.

- To disconnect microphone plug, slide metal collar back and pull out.



- The finger sensor is very delicate, please handle gently when removing adhesive foam wrap.

Ensure all materials are returned in the case.

Federal law restricts this device to use on the order of a physician.
Explosion Hazard – do not use in the vicinity of flammable anesthetics.
This device must only be used with sensors and accessories approved by SagaTech.
Do not open the Remmers Sleep Recorder or attempt to adjust the unit.

