CareicaHealth

Referral Form

SLEEP FAX # - WINNIPEG: 204-489-1336
SLEEP FAX # - BRANDON: 204-725-3339
TOLL FREE PHONE #: 1-888-297-7889
EMAIL: info@careicahealth.com

Date (DD/MM/YYYY) / /

PATIENT INFORMATION

Patient Name		Email
Address		DOB (DD/MM/YYYY) / /
City/Town	Province	☐ Male ☐ Female Identifies as _____
Postal Code	Phone	PHN(s)

SLEEP APNEA SERVICES

Please note: patients must be 18+ for sleep testing.

☐ **Level 3 Sleep Apnea Diagnostics & Treatment as Required**
Level 3 home sleep apnea test (HSAT). Consultation, PAP therapy (4/20 cm H_2O)* as recommended.
**Pressures and mode adjustment as required to optimize therapy.*

☐ **PAP Trial, Treatment or Reassessment**
Prior diagnosis required. May include HSAT and consultation. PAP therapy (4/20 cm H_2O)* as recommended.
**Pressures and mode adjustment as required to optimize therapy.*

OTHER SERVICES

☐ **Cognitive Behaviour Therapy for Insomnia (CBT-I)**
If probable OSA, sleep study recommended.

☐ **Oral Appliance Therapy (OAT)**
Prior diagnosis or sleep study required.

☐ **Registered Dietitian Counselling**

PATIENT MEDICAL INFORMATION

☐ Significant cardiopulmonary disease (e.g. heart failure, severe COPD)
☐ Respiratory muscle weakness due to neuromuscular conditions
☐ History of stroke
☐ Chronic opioid medication use

Reason for referral or previous sleep disorder diagnosis

Other (e.g. medication and conditions)

PRIVATE OXYGEN SERVICES | O_2 FAX #: 1-204-822-3852

For publicly funded oxygen services, please refer to: https://gov.mb.ca/health/homecare/forms/hocp_fp.pdf

O_2 Continuous (LPM)	O_2 at Rest (LPM)	O_2 Nocturnal (LPM)
O_2 PRN (LPM)	O_2 with Exercise (LPM)	O_2 with CPAP/BiPAP (LPM)

Respiratory Diagnosis/Notes

PHYSICIAN INFORMATION

Physician Name		Clinic Name	
Address		Practice ID#	
City/Town		Phone	Fax
Province	Postal Code	Physician Signature	

Your trusted sleep and oxygen care provider

Sleep apnea & snoring

CPAP therapy Oral appliance therapy

Dietitian services for sleep

Insomnia & poor sleep

Cognitive behavioural therapy for insomnia (CBT-I)

Oxygen

Home and Portable Oxygen Therapy

Respiratory Equipment and Supplies

Find a location near you
CareicaHealth.com/locations