CareicaHealth

Referral Form

FAX
SLEEP - EDMONTON/LLOYDMINSTER: 780-498-2729
OXYGEN - EDMONTON/LLOYDMINSTER: 780-461-1557
SLEEP - RED DEER: 403-346-0427

Date (DD/MM/YYYY) / /

PATIENT INFORMATION

Patient Name		Email
Address		DOB (DD/MM/YYYY) / /
City/Town	Province	☐ Male ☐ Female Identifies as _____
Postal Code	Phone	PHN

SLEEP APNEA SERVICES

- ☐ **Sleep Apnea Diagnostics & Treatment (18 yrs +)**
  Level 3 home sleep apnea test (HSAT). May include PAP treatment, OAT – as recommended.
- ☐ **Level 3 Sleep Study Only**
- ☐ **PAP Trial, Treatment or Reassessment**
  Prior diagnosis required. May include HSAT.
- ☐ **Oral Appliance Therapy (OAT)**
  (Provided by professional partners.)
  Prior diagnosis required. May include HSAT and sleep medicine consultation – as recommended.

OTHER SERVICES

Provided by professional partners.

- ☐ **Insomnia Cognitive Behaviour Therapy (CBT-I)**
  If probable OSA, HSAT required.
- ☐ **Registered Dietitian Counselling**

PATIENT MEDICAL INFORMATION

- ☐ Significant cardiopulmonary disease (e.g. heart failure, severe COPD)
- ☐ Respiratory muscle weakness due to neuromuscular conditions
- ☐ History of stroke
- ☐ Chronic opioid medication use

Reason for referral or previous sleep disorder diagnosis

Other (e.g. medication and conditions)

OXYGEN

- ☐ **Home oxygen assessment & treatment as required**
  ABG and/or PFT will be completed per provincial guidelines. If oxygen therapy indicated, oxygen will be initiated to maintain SpO_2 > 89%.

SERVICE REQUISITION

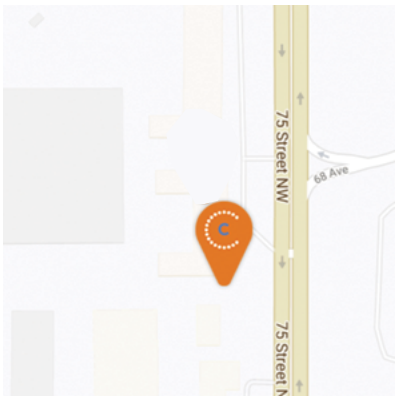
Provided by professional partners.

- ☐ **Complete Pulmonary Function Test (PFT)**
- ☐ **Spirometry**
- ☐ **Arterial Blood Gas (ABG)**
  - ☐ *PaO_2 < 60 mmHg start O_2 therapy*
- ☐ **Respiratory consult | Level 1 study referral**

PHYSICIAN INFORMATION

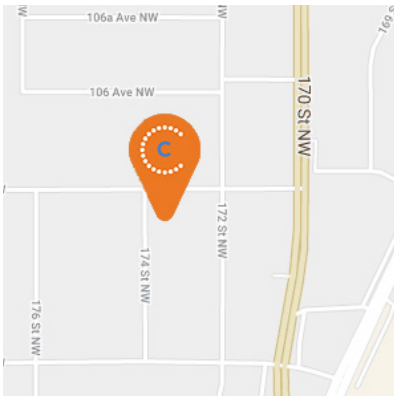
Physician Name		Clinic Name	
Address		Practice ID#	
City/Town		Phone	Fax
Province	Postal Code	Physician Signature	

Edmonton sleep clinics



EDMONTON EAST

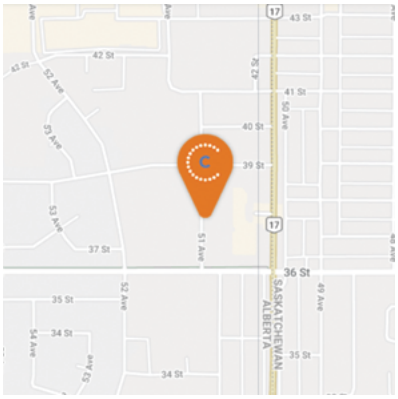
6732 75 St NW
Edmonton, AB T6E 6T9



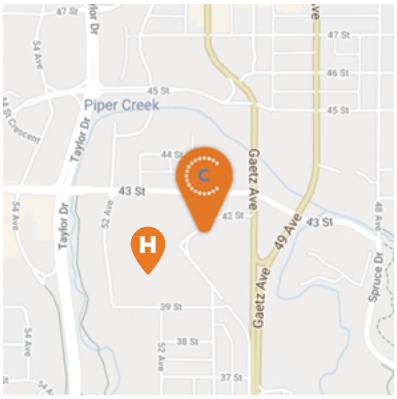
EDMONTON WEST

10429 174 St NW
Edmonton, AB T5S 1H1

Lloydminster & Red Deer sleep clinics



3704 51 Ave, Unit #107
Lloydminster, AB T9V 3M7



3947 50A Ave, Unit #204
Red Deer, AB T4N 6V7