

Referral Form

SLEEP FAX # - WINNIPEG: 204-489-1336 SLEEP FAX # - BRANDON: 204-725-3339 TOLL FREE PHONE #: 1-888-297-7889

EMAIL: info@careicahealth.com

Date (DD/MM/YYYY)				
/	/			

PATIENT INFORMATION				
Patient Name		Email		
Address		DOB (DD/MM/YYYY) / /		
City/Town	Province	☐ Male ☐ Female Identifies as		
Postal Code	Phone	PHN(s)		
SLEEP APNEA SERVICES		OTHER SERVICES		
Please note: patients must be 18+ for sleep testing.				
Level 3 Sleep Apnea Diagnostics & Treatment as Required Level 3 home sleep apnea test (HSAT). Consultation, PAP therapy (4/20 cm H₂O)* as recommended. *Pressures and mode adjustment as required to optimize therapy.		Cognitive Behaviour Therapy for Insomnia (CBT-I) If probable OSA, sleep study recommended. Oral Appliance Therapy (OAT)		
PAP Trial, Treatment or Reassessment Prior diagnosis required. May include HSAT and consultation. PAP therapy (4/20 cm H₂O)* as recommended. *Pressures and mode adjustment as required to optimize therapy.		Prior diagnosis or sleep study required. Registered Dietitian Counselling		
PATIENT MEDICAL INFORMATION				
☐ Significant cardiopulmonary disease (e.g. heart failure, severe COPD) ☐ History of stroke ☐ Chronic opioid medication use				
Reason for referral or previous sleep disorder diagnosis Other (e.g. medication and conditions)				
PRIVATE OXYGEN SERVICES O₂ FAX #: 1-204-822-3852				
FRIVATE OXIGEN SERVICES 02 FAX #. 1 E04-0LE 300L For publicly funded oxygen services, please refer to: https://gov.mb.ca/health/homecare/forms/hocp_fp.pdf				
O ₂ Continuous (LPM)	O ₂ at Rest (LPM)	O ₂ Nocturnal (LPM)		
O ₂ PRN (LPM)	O ₂ with Exercise (LPN	O ₂ with CPAP/BiPAP (LPM)		
Respiratory Diagnosis/Notes				
PHYSICIAN INFORMATION				
Physician Name		Clinic Name		
Address		Practice ID#		
City/Town		Phone Fax		
Province	Postal Code	Physician Signature		

Your trusted sleep and oxygen care provider



Sleep apnea & snoring

CPAP therapy Oral appliance therapy

Dietitian services for sleep



Insomnia & poor sleep

Cognitive behavioural therapy for insomnia (CBT-I)



Oxygen

Home and Portable Oxygen Therapy

Respiratory Equipment and Supplies



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