



**MEDIA RELEASE
FOR IMMEDIATE RELEASE**

Careica Health Expands Presence in British Columbia with Acquisition of Pacific Sleep Care

Winnipeg, MB – October 15, 2025 – Careica Health is pleased to announce the acquisition of Vancouver Island-based Pacific Sleep Care, strengthening its presence in British Columbia and expanding its ability to deliver high-quality sleep care services.

Careica Health has grown into one of Canada's leading providers of sleep and respiratory care, serving clients across western Canada and Ontario. The addition of Pacific Sleep Care brings four established locations on Vancouver Island in Nanaimo, Campbell River, Courtenay and Duncan, into Careica Health's network of clinics.

"This is an exciting milestone for Careica Health," said Cory McArthur, President and CEO of Careica Health. "Over the past 20 plus years, Pacific Sleep Care has built a solid reputation for patient-centered care in British Columbia, which complements our existing programs. Together, we will continue to deliver innovative, accessible, and compassionate sleep care to even more Canadians."

The acquisition of Pacific Sleep Care further positions Careica Health as a leader in the diagnosis and treatment of sleep disorders. With expanded geographic reach and the integration of Pacific Sleep Care's team, Careica Health is well positioned to enhance client care, broaden its clinical expertise, and support ongoing growth.

About Careica Health

Careica Health is a Canadian leader in sleep and respiratory care with a purpose to help clients live their best lives. Since 1988, Careica Health has provided comprehensive services including sleep disorder diagnostics, CPAP therapy, digital insomnia care, home oxygen therapy, and pulmonary function testing. Careica Health serves clients through in-clinic and virtual programs across western Canada and Ontario.

About Pacific Sleep Care

Pacific Sleep Care is a Vancouver Island-based provider of sleep disorder services, with locations in Nanaimo, Campbell River, Courtenay, and Duncan. Known for its dedicated team and commitment to patient-centred care, Pacific Sleep Care is now part of Careica Health's network of clinics, bringing valuable experience that complements and strengthens Careica Health's existing programs.

For media inquiries, please contact:

Megan Adams, Chief Operating Officer

Careica Health

Email: megan.adams@careicahealth.com

Telephone: 204-928-1407